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| Requirement ID | Requirement Description | MOSCOW |
| FR01 | User can log in, sign up for an account on the app | M |
| FR02 | User uses E-mail or phone number to sign up + password | M |
| FR03 | Protect from duplicate accounts | M |
| FR04 | Make sure account is protected by two factor identification methods. (Login credentials + phone text verification code) | S |
| FR05 | Verify user creates strong password (letters, numbers, and special characters) | M |
| FR06 | Make sure user’s data is saved so they can check their calories intake from days before. | S |
| FR07 | Give user ability to reset password using an email link | S |
| FR08 | Provide user with an account profile to add name, gender, age, height, and weight. | M |
| FR09 | Give user the ability to update account’s profile and save changes. | M |
| FR10 | Application will save all data in a Database | M |
| FR11 | Give user “Calculate my BMR” option in the app. App will use user’s age, gender, height, and weight to do the calculation. The output will return the number of daily calories the user needs to consume. | M |
| FR12 | App lets user input the food and amount to calculate current number of calories consumed | M |
| FR13 | App will provide user with the ability of tracking the number of calories eaten previously | M |
| FR14 | App can add and edit waist, arm, chest, thigh, and hips measurement. | M |
| FR15 | App can track old measurements and compare to new measurements and return number of inches gained or lost. | M |
| FR16 | App provides user with the ability to see the total number of calories consumed. | M |
| FR17 | App lets user set up a calorie intake goal | S |
| FR18 | App notifies user when a certain number of calories have been consumed | S |
| FR19 | App lets user add number of calories burned due to exercise | C |
| FR20 | App calculates the total number of calories burned using all previous data. | C |